

**4-DAY WORKSHOP 2018**  
INTRODUCTION TO HOLZER PERMACULTURE



**H**  **LZER**  
p e r m a c u l t u r e

Permaculture is the combination of the words permanent and agriculture. The word permaculture refers to „permanent agriculture“. Permaculture farming practices strongly diverge from industrial agriculture which strives for maximisation of production and profits. Farmers who run their farm according to permaculture principles develop sustainable systems modeled from natural ecosystems. The fundamental principle is an ecologically, economically and socially sustainable management of all resources. The permaculture approach has found its way into the shaping and development of social structures, into landscape architecture, urban planning, architecture, and energy supply systems. Krameterhof is known as a permaculture showcase thanks to its size, complex design, and diversity. For years Krameterhof has been attracting experts and nature lovers from all over Europe and even from further abroad.

Learn the basics of Holzer Permaculture and a great deal about the permaculture garden: Since soil health creates healthy food, you will learn about the use and potential of mulch and compost for soil improvement. Another key principles is to keep water on our land for as long as possible. In order to explain how this can be done, we will model a water garden with you. We will also show you how to design raised beds, herb spirals and hedges. The aim of the workshop is to encourage you to get your own permaculture garden started.

**Course instructors:** Josef Andreas Holzer and referees of the Krameterhof-Team.



### Day 1: Welcome, introduction and tour around the property

10:00 am – 5:00 pm (lunch break about from 12:00 – 01:00 pm)

- Introduction to the permaculture philosophy
- Discussion of the principles and practices of Holzer Permaculture (Circular processes, micro-climate zones, mixed cultivation, etc.)
- Guided walking tour on the farm (including terraces, fruit growing, aquaculture, forest gardens, animal paddocks)

### Day 2: Planning in permaculture and permaculture projects

09:00 am – 5:00 pm (lunch break about from 12:00 – 01:00 pm)

- The details of permaculture and its principles
- Analysing landscapes (climatic conditions, soil and water)
- Introduction to concept development including practice
- Interactive design exercises

### Day 3: Introduction to the topic permaculture garden I

09:00 am – 5:00 pm (lunch break about from 12:00 – 01:00 pm)

- Further visitation and discussion of the farm's facilities
- Detailed discussion of
  - circular management
  - the basics of composting and soil-building
- Hands-on exercise: building a huegelbeet

### Day 4: Introduction to the topic permaculture garden II

09:00 am – 4.00 pm (lunch break approx. from 12:00 – 01:00 pm)

- Possibilities for plant propagation
- Seed multiplication in the garden
- Mixed cultivation
- Crop rotation
- Biological plant protection
- Certificate award



**Fees: € 560,— per person**

(children up to 12 years: free of charge; 13-17 years: half the adult fee; 18+: full fee)

A three-course buffet lunch with our farm products is included in the costs on all 4 course days. Participation fee has to be submitted 14 days in advance. By paying the workshop fee you agree to our participation conditions which can be found on our website.

**Date:**

Thursday, August 16, till Sunday, August 19, 2018 (English)

**Participation Agreement:**

In order to participate you have to book at least 14 days in advance. Contact us via email, fax or phone to sign up for the course. Take note: Be prepared to spend time outside. Workshops occur rain or shine, so please wear appropriate clothing.

**Banking account**

Raiffeisenbank Tamsweg  
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**Bilder:**  
[www.krameterhof.at](http://www.krameterhof.at),  
[www.wahrelebenswerte.at](http://www.wahrelebenswerte.at)